

The latest news and updates from St. Lawrence County 4-H!



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### 4-H FULL YEAR SCHEDULE

### Attention all St. Lawrence County 4-H'ers!

We would like to take this opportunity to connect with all our 4-H'ers on the many wonderful opportunities and events that are going to be offered for the 2022-2023 4-H Year.

This year our 4-H programs and activities will include a wide variety of formats such as organized 4-H clubs, 4-H after school opportunities, special interest short term programs, activity nights, animal nights, Gouverneur and State Fair events, connections to 4-H camps and numerous statewide 4-H competitions.

Over 7,000 young people aged 5 to 18 took part in 4-H activities in St. Lawrence County last year and we are hoping this year is even more successful!

Please enjoy reading about some of our upcoming programs in the 2nd Edition of our 4-H Forecast!

Kind Regards, Tammy Hill and Maureen Ring

# **Animal Nights!**

4-H'ers in St. Lawrence County are invited to participate in our monthly animal nights. These Workshops will be offered on the 2nd Tuesday of each month from 6-8 pm and will focus on a different animal each session. Participating youth will learn about animal health, nutrition, care, showmanship, and more! This month's animal night focused on Donkeys. 4-H'ers participated in the hands-on grooming of the donkeys, They also got to make cute donkey crafts! To register for future animal nights please visit <u>https://bit.ly/3B9XRsM</u>





## This month:

### **4-H Animal Workshop:** *Poultry* Tuesday, February 14th | 6 pm - 8 pm

Participating youth will learn about poultry health, nutrition, care, showmanship, and more!

Register here : https://stlawrence.cce.cornell.edu/events





Cornell Cooperative Extension St. Lawrence County



# **Activity Nights!**













Activity Nights are scheduled for the 3rd Thursday of each month from 6 pm-8 pm in the Front Classroom at the Extension Learning Farm. Participants work closely with dedicated adult volunteers to complete projects and participate in activities that build confidence and teach valuable life and leadership skills. December's Activity night focused on Holiday Gift Creation! Participants made four different homemade gifts! To register for future activity nights please visit <u>bit.ly/406epxP</u>



## This month:







February 16th | 6 pm - 8 pm

Youth will participate in a fun evening of snowshoeing & learn how to build a Quinzee!



Register here: bit.ly/3XDEIK8













NORTH WIND FARM DAY CAMP

🗩 REGISTRATION OPENS MARCH 1ST! 🗢



Located at the Extension Learning Farm in Canton, NY July 3rd-August 18th Engaging Weekly Themes! Starting at \$200 per week

# **SUMMER 2023**



CAMP OVERLOOK REGISTRATION

# **VET SCIENCE**

For more than 35 years, Cornell Cooperative Extension SLC and the SUNY Canton Veterinary Technician Program have provided local youth with hands-on experience in animal science. The classes are taught by vet tech students with assistance from their professors.

The program is typically held for six evenings, beginning in March, and is open to youth between the ages of 13-18 years old.

Class dates and times TBA. Please contact Maureen Ring at Cornell Cooperative Extension for more information.

The cost to register is \$30 for enrolled 4-H'ers and \$50 for non-4-H'ers.











Shooting Sports in St. Lawrence County is a special interest group for youth ages 8-18 interested in shooting sports activities, local history, and the conservation of natural resources. There are no limitations imposed by age, sex, or physical abilities. Shooting activities can last a lifetime.

Certified volunteer instructors supervise each 4-H Shooting Sports Program. Safety is always a primary concern. Youth and adults are trained to know and adhere to the Ten Commandments of firearm safety. Knowledge about firearms and the natural environment is featured as volunteers share years of experience. Skills are developed under the watchful eyes of the instructors.

Understanding is the most important component of the 4-H Shooting Sports Program. It is developed as youth and adults become aware of their rights, responsibilities, and their role in the natural environment.

Program includes Firearm Safety, Air Pistol, Archery, Riflery, Muzzle loading, Shot gun, Wildlife, Survival Skills, Conservation, and more!

Check <u>https://stlawrence.cce.cornell.edu/4-h/4-h-shooting-sports</u> for updates on 2023 registration information.





## 4-H Public Presentations & Horse Communications

### Public Speaking: It's for You!

4-H Public Presentations is a nationally recognized element of the Cooperative Extension 4-H Youth Development Program. The public speaking event is one of 4-H's most beneficial and rewarding experiences. It is the program most often credited by 4-H alumni as having given them an edge above their peers in both college and professional careers. In this program, youth learn to create a presentation and develop the skills needed to present it before an audience.

4-H Public Presentations is an investment in your future and every member, including Cloverbuds, should participate every year. This is not a competition, rather an opportunity to become a better you! You cannot fail, but you will learn, grow and develop lifelong speaking abilities that will help you now in school, home, and in club/community leadership opportunities.

Participants can choose from the following types of presentations: Demonstration, Illustrated Talk, Speech or Dramatization/Recitation

4-H St. Lawrence County Presentations are being offered at the Extension Learning Farm on Saturday, March 18th from 9:00-1:00 pm. Visit <u>bit.ly/3jbvOVj</u> for more information.

St. Lawrence County Horse Communications presentations are being offered at the Extension Learning Farm on Saturday, March 18th from 9:00-1:00 pm. Visit <u>bit.ly/3jbvOVj</u> for more information.

Registration will be available soon!



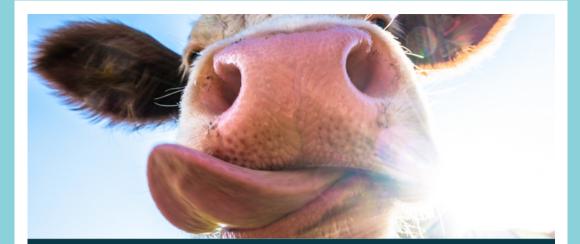
### **IMPORTANT DATES**

June 1st: Last day for all project animal certificates and enrollments in 4-H The week of May 15th: Horse evaluations (site TBD) July 15th: Fair Entry Forms Deadline July 28th: Fair Clean-up Day July 29th: Judging Day and Booth Set Up



For the week of July 29th through August 6th this year, 4-H youth in St. Lawrence County will have the opportunity to share and showcase the projects they've been working on, at the St. Lawrence County Fair. The public is invited to come and see what youth in this program are doing. Highlights of the Fair include: 4-H livestock shows, plant science projects, entomology displays, project exhibits and more!

The most common area for youth to show off their exhibits is through the 4-H competitions. The animal competitions include: dairy and beef cattle, horses, goats, sheep, poultry, rabbits, dogs, and cats. The project exhibits include areas such as communication and expressive arts, food and nutrition, fine arts and crafts, textiles and clothing, horticulture, etc.



### **Dairy Education Opportunity**

Cornell Cooperative Extension is offering an opportunity for students of all ages to learn more about the agriculture and dairy industries with hands on learning and TASTY lessons!

Our main focus is for students to understand the scope of the dairy industry in NYS and St. Lawrence County, identify and taste different types of dairy products, correctly sequence how milk moves from farm to table and learn about careers within the agricultural and dairy industry. In a time where not every family is a farming family, teaching students about where our food comes from and how it is grown or produced is extremely important to us. We strive to answer the question "Where does our food come from" during our time together!

We have multiple lessons, virtual field trips, and activities available based on your needs.

Please reach out to Malorie Jordan at mjj62@cornell.edu or 315-379-9192 Ext. 241 to learn more about this opportunity to give students a better understanding about where their food comes from!

#### Coming Up:

Cornell Cooperative Extension will be hosting a dairy/bovine camp May 20th! Mark your calendars for this event and learn from special guests such as a large animal veterinarian, a nutritionist, herds manager and more!

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## **Maple Tours**

The Maple Program at Cornell offers students and 4-H'ers the opportunity to learn about the process of transforming sap into syrup by visiting the CCE's sugarbush and sugarhouse. Clubs and/or school groups can set up tours with the Extension Office to learn about and engage with educators about one of New York State's most important and well-known trees, the Sugar Maple. This hands-on learning experience will also provide participants with an understanding of and appreciation of maple history, the characteristics of maple trees, how to tap a maple tree for sap collection, how tubing uses gravity to collect the sap, how to measure the sugar content of sap and, of course, all participants will be given an opportunity to sample a delicious maple treat!





### New York State 4-H CAREER EXPLORATIONS CONFERENCE

For over 90 years, the New York State 4-H Office has hosted the annual Career Explorations Conference on the Cornell Campus. Nearly 500 4-H youth and chaperones attend the action-packed, three-day event to immerse themselves in exploring their future education, career opportunities, and to experience Cornell University and campus life!

We're looking forward to welcoming everyone back to Cornell's Ithaca campus on June 27 – 30, 2023. *More details to come!* 

For more information on State events visit: <u>https://nys4-h.org/nys-4h-events</u>

### 2023 4-H YEAR SCHEDULE

4-H Club Leader Meetings - 4th Monday in January, April, June, and September

- 4-H Activity Nights 3rd Thursday of each month (6-8pm)
- 4-H Animal Night Workshops 2nd Tuesday of each month (6-8pm)
- 4-H Newsletter 1st Tuesday of each month

### JANUARY

1st - \$15 late fee for enrollment
6th - Deadline to register NYS 4-H Educational
Horse prep Sessions (NYS 4-H EHPS)
9th - NYS 4-H EHPS- Horse Bowl:
10th - Animal Night- Donkeys
16th - NYS4-H EHPS- What is horse
Communication
19th - Activity Night
30th - Quarterly Club Leader Meeting

### **FEBRUARY**

1st - NYS 4-H EHPS- Hippology session 2
8th - Animal Night
15th - Dairy Quiz Bowl Study Session
16th & 23rd - Horse Judging Virtual Informational Sessions
17th - Activity Night
21st-24th - Winter Break Specials-Vet Science (ages 8-12)
28th - Maple Tour Season Begins

### MARCH

11th - Regional Dairy Bowl
14th - Animal Night
16th - Activity Night
18th - County Public Presentations/Horse
Communications
20th - 24th Ag Literacy Week
TBD - 4-H/SUNY Canton Vet tech Program
TBD - Tractor Supply Paper Clover Event
TBD - Maple Tours



### APRIL

11th - Animal Night
10th - 14th Spring Break Specials
15th - Camp Overlook Scholarships Applications
Due
16th - 18th Capital Days
20th - Activity Night
TBD - 4-H/SUNY Canton Vet Tech Program
24th - Quarterly Club Leader Meeting
26th - 4-H Shooting Sports Orientation Night
29th - District Public Presentations

### MAY

3rd - Take Me To The Fair- info session
7th, 14th, 24th - 4-H Shooting Sports
9th - Animal Night
14th - Horse Communications at Cornell
University
15th - 19th - Horse Evaluations
18th - Activity Night-Gardening
19th - 21 STARR
27th - Equine Clinic @ Loomis Quarter Horses
31st - Bert Rodgers and Reggie Chester
Application for Camp Overlook Scholarship Due

### JUNE

1st - Last day for project animal certificates and enrollments in 4-H 3rd - Dairy Princess Parade in Canton 4th, 8th, 11th - 4-H Shooting Sports 10th - Tri-County Livestock Showmanship Clinic @ Lewis County Fairgrounds 13th - Animal Night Workshop 15th - Activity Night 26th - Quarterly Club Leader Meeting- Fair Info and Book Distribution 27th -30th Career Exploration

### **2023 4-H YEAR SCHEDULE CONTINUED...**

4-H Club Leader Meetings - 4th Monday in January, April, June, and September

- 4-H Activity Nights 3rd Thursday of each month (6-8pm)
- 4-H Animal Night Workshops 2nd Tuesday of each month (6-8pm)
- 4-H Digital Newsletter 1st Tuesday of each month

### JULY

3rd - North Wind Farm Day Camp begins
11th - Animal Night
15th - Fair Entry Forms Due
20th - Activity Night
28th - Fair Clean-up Day
29th - Judging Day and Booth set up

### AUGUST

1st-6th - County Fair Days 23rd - Sept 4th: NY State Fair 27th - Horse Judging and Hippology at State Fair

### SEPTEMBER

4th - Last Day of State Fair 11th - Quarterly Leader/Parent Meeting-End of year and re-enrollments/new paperwork 12th - Animal Night 15th & 16th - Hammond Fair 21st - Activity Night 29th - Achievement Awards (location TBD)

### OCTOBER

1st - 4-H Year Begins 10th - Animal Night 19th - Activity Night 31st - Re-Enrollments Due Agri-Business Career Trip to SUNY Cobleskill National 4-H Week Tractor Supply Paper Clover

### **NOVEMBER**

14th - Animal Night 16th - Activity Night

### DECEMBER

12th - Animal Night 21st - Activity Night - Gift Creation 31st - Re-Enrollments Due (Last day of general \$20 re-enrollment fee)



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